

**Canopy Cove
Heart**

**A twisted path
A staggered walk
A lonely shadow
To a lost reality
A fallen warrior
To a shattered past
Dreams dismantled
Love lost, time taken
Broken down, defeated
Darkness clouds the mind
Shame paralyze the body
Pain stricken, tears fall
Lying hopeless on the ground**

**Is there light to another day
Or am blind to never see
So much lost
So much taken
So much for one to endure
Is there a glimpse of hope
Or is it to late
Can I recover myself
Or am I lost**

**Success fallen to failure
Laughter relinquish to cries
Love lost to shame
Control taken
Perception clouded
Esteem destroyed
Relationships broken
Lives lost**

**Self Abandon
Misunderstood by all**

**Doubted by many
Trusted by no one
Lost to Everyone**

**You've haunted my dreams
Deceived my thought
And corrupted my judgment
You've taken my will
And left me to die**

**Gasping for breath
Barely standing
Mind and body collapse
No energy left
Nothing to cling too
Nothing to live for
The end is lurking
Still my heart is beating**

**I am at war
A soldier of many
On unfamiliar terrain
Battling the mind and body
Fighting for survival
Defending myself
Struggling to face the enemy**

**Wars are waging
Battles are lost
But victory is mine
Stand tall this day
Fight for hope
Never give up
Believe in your heart
Trust in God
Fight for today
And live tomorrow**

**You can twist my mind
Poison my body
Ravage my past
My heart you will not touch
My future you will not take
My spirit will endure**

**You have taken everything
But I have lost nothing
My essence is inside me
My life is before me
My past has fallen
But my future has risen**

**Change is upon me
Faith is all around me
Strength will protect me
Love will guide me
My heart will not fail me**

**I stand free today
Fallen to far
I march forward
Receiving the future
Forgetting the past
Forgiving my failures
Accepting my faults
Resurrecting myself
Born again, alive today**

**The mind will heal
The body will strengthen
The past will be forgotten
My soul will not be broken
My heart will not be taken**

**Love will prevail
This beautiful life is mine**

**You can twist my mind
Poison my body
Ravage my past
My heart you will not touch
My future you will not take
My spirit will endure**

**The sun rises
To a new day
Clear skies, vast horizons
Dreams to be had
Victories to be won
Love to be felt
Laughter to be heard
A beautiful life to come**

**Serenity is yours
Be at peace
Follow your spirit
Be courageous today
Not fearing tomorrow
Your body can ache
The mind can wonder
But the heart cannot be touched
Love will conquer all**

**You can twist my mind
Poison my body
Ravage my past
My heart you will not touch
My future you will not take
My spirit will endure**